

# Whole Wheat Sweet Potato Gnocchi

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-sweet-potato-gnocchi-recipe>

## Ingredients:

- gnocchi
- 1 sweet potato medium
- 1 cup whole wheat pastry flour
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- 1 teaspoon cinnamon
- brown butter
- 1/4 cup butter
- 1 tablespoon fresh rosemary
- 2 teaspoons maple syrup
- salt
- pepper

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 35 milligrams
4. Fat: 14 grams
5. Fiber: 4 grams
6. Protein: 6 grams
7. SaturatedFat: 8 grams
8. Sodium: 800 milligrams
9. Sugar: 4 grams

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