

# Italian Party Sub

Yield: 8 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sub-recipe-with-giardiniera>

## Ingredients:

- 1 loaf Italian bread
- 1/2 pound deli ham sliced
- 1/2 pound deli turkey sliced
- 1/2 pound sliced salami
- 6 ounces provolone cheese sliced
- 1 Roma tomato large
- 1/3 cup banana peppers sliced
- red onion sliced, to taste
- 3 tablespoons olive oil
- 2 tablespoons red wine vinegar
- 1 teaspoon sugar
- 1 teaspoon oregano
- 1/4 teaspoon Dijon mustard
- 1/8 teaspoon salt

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 65 milligrams
4. Fat: 22 grams
5. Fiber: 2 grams
6. Protein: 23 grams
7. SaturatedFat: 8 grams
8. Sodium: 1450 milligrams
9. Sugar: 3 grams

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