

Ultimate Spicy Italian Sub

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sub-oil-and-vinegar-recipe>

Ingredients:

- 1 foot Italian bread long loaf of
- 7 slices pepperoni
- 7 slices capicola Italian ham
- 7 slices genoa salami
- 4 slices provolone cheese
- 1/2 cup shredded lettuce
- 4 slices tomato
- 7 slices cucumber
- 1/4 cup chopped onion
- 1/4 cup dill pickles sliced
- 1/4 cup banana peppers chopped, or pepperoncini
- 1/4 cup sliced pickled jalapenos
- 2 tablespoons mayo
- oil
- vinegar
- fresh oregano crushed, to taste

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 110 milligrams
4. Fat: 59 grams
5. Fiber: 2 grams
6. Protein: 28 grams
7. SaturatedFat: 23 grams
8. Sodium: 2250 milligrams
9. Sugar: 3 grams

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