

Make Ahead Hamburger Patties

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sub-hamburger-patties-recipe>

Ingredients:

- 2 pounds ground beef
- 4 teaspoons paprika
- 3 teaspoons ground black pepper
- 2 teaspoons fine sea salt
- 1 teaspoon dark brown sugar
- 1 teaspoon garlic powder
- 1 teaspoon onion powder

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 155 milligrams
4. Fat: 34 grams
5. Fiber: 1 grams
6. Protein: 44 grams
7. SaturatedFat: 14 grams
8. Sodium: 1330 milligrams
9. Sugar: 1 grams
10. TransFat: 2.5 grams

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