

# BEST Homemade Italian Dressing

Yield: 6 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/sopraffina-italian-chef-s-dressing-recipe>

## Ingredients:

- 1/2 cup extra-virgin olive oil
- 1/4 cup red wine vinegar
- 4 tablespoons grated Parmesan cheese
- 2 teaspoons honey vegans: use liquid sweetener
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon dried basil
- 1/2 teaspoon dried oregano
- 1/2 teaspoon dried parsley
- 1/2 teaspoon dried rosemary
- 1/4 teaspoon dried thyme
- 1/2 teaspoon Hungarian sweet paprika
- 1/4 teaspoon sea salt
- 1/4 teaspoon freshly ground black pepper
- 1/8 teaspoon red pepper flakes
- 1/8 teaspoon fennel seeds
- 1/16 teaspoon celery seeds

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 5 milligrams
4. Fat: 19 grams
5. Protein: 2 grams
6. SaturatedFat: 3 grams
7. Sodium: 160 milligrams
8. Sugar: 2 grams

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