

Italian Bowtie Pasta Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-bow-tie-pasta-salad>

Ingredients:

- 1 clove garlic grated or minced fine
- 1 teaspoon italian seasoning
- 1/2 teaspoon red pepper flakes
- kosher salt
- black pepper
- 4 tablespoons red wine vinegar
- 6 tablespoons olive oil
- 12 ounces bowtie pasta
- sea salt
- 1 1/2 cups cherry tomato halves, I eyeball it
- 1 broccoli small, crown, cut into florets, tough stems discarded
- 1/2 cup orange bell pepper each diced yellow and, 1 cup total
- 4 ounces genoa salami cut into small cubes
- 1/3 cup Parmesan cheese crumbled, plus more for serving

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 81 grams
3. Cholesterol: 25 milligrams
4. Fat: 30 grams
5. Fiber: 9 grams
6. Protein: 23 grams
7. SaturatedFat: 7 grams
8. Sodium: 910 milligrams
9. Sugar: 9 grams

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