

# Italian Style Turkey Meatloaf

Yield: 1 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-style-turkey-meatloaf-recipe>

## Ingredients:

- cooking spray
- 1 pound ground turkey
- 1 egg
- 1/4 cup seasoned bread crumbs Italian
- 1 teaspoon italian seasoning
- 1/2 clove garlic minced
- 1/2 teaspoon ground black pepper or to taste
- 1/4 teaspoon salt or to taste
- 2 cups tomato sauce divided

## Nutrition:

1. Calories: 1270 calories
2. Carbohydrate: 88 grams
3. Cholesterol: 580 milligrams
4. Fat: 58 grams
5. Fiber: 17 grams
6. Protein: 96 grams
7. SaturatedFat: 16 grams
8. Sodium: 3380 milligrams
9. Sugar: 48 grams

---

Thank you for visiting our website. Hope you enjoy Italian Style Turkey Meatloaf above. You can see more 20 italian style turkey meatloaf recipe You must try them! to get more great cooking ideas.