

Italian Style Stewed Tomatoes

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-style-stewed-tomatoes-recipe>

Ingredients:

- 5 pounds tomatoes I used San Marzano
- 2 tablespoons olive oil
- 1 sweet onion large, diced
- 1 green bell pepper diced
- 5 garlic cloves peeled and crushed
- 2 tablespoons fresh chopped oregano
- 1/4 cup chopped fresh basil
- 1 teaspoon granulated sugar

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 34 grams
3. Fat: 7 grams
4. Fiber: 8 grams
5. Protein: 7 grams
6. SaturatedFat: 1 grams
7. Sodium: 35 milligrams
8. Sugar: 23 grams

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