

Italian Country Style Ribs with Tomatoes

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-style-ribs-recipe>

Ingredients:

- 1/4 cup olive oil
- 3 pounds ribs country style
- salt
- freshly ground black pepper
- 28 ounces Italian plum tomatoes with purée or juices
- 1 yellow onion medium, chopped
- 1 medium carrot diced
- 1 rib of celery with leaves, diced
- 2 cloves garlic minced
- 1 teaspoon dried rosemary or 1 tablespoon fresh
- 1 teaspoon sweet paprika
- 1 bay leaf
- 1/2 cup dry red wine

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 205 milligrams
4. Fat: 61 grams
5. Fiber: 3 grams
6. Protein: 71 grams
7. SaturatedFat: 19 grams
8. Sodium: 360 milligrams
9. Sugar: 8 grams

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