

# Meatball Sauce

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-style-meatball-sauce-recipe>

## Ingredients:

- 1 onions chopped
- 2 garlic cloves crushed
- 1 can chopped tomatoes
- 1 tablespoon tomato purée
- 1 dash worcestershire sauce
- 7/8 cup beef stock
- 6 3/4 tablespoons red wine optional

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 8 grams
3. Fiber: 2 grams
4. Protein: 2 grams
5. Sodium: 125 milligrams
6. Sugar: 5 grams

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