

One Pot Italian Sausage Pasta

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/the-slow-roasted-italian-one-pot-recipe>

Ingredients:

- 1 pound italian sausage
- 1 small onion chopped
- 3 cloves garlic minced
- 28 ounces crushed tomatoes
- 2 1/2 cups chicken broth or stock
- 2 cups shell pasta
- 2 tablespoons tomato paste
- 1 tablespoon italian seasoning
- 1 cup grated mozzarella cheese + extra for topping if desired
- 1/4 cup grated Parmesan cheese

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 90 milligrams
4. Fat: 37 grams
5. Fiber: 5 grams
6. Protein: 31 grams
7. SaturatedFat: 14 grams
8. Sodium: 1180 milligrams
9. Sugar: 2 grams

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