

Italian Chicken Drumsticks

Yield: 4 min
Total Time: 280 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-chicken-legs-grilled-italian>

Ingredients:

- 1 1/2 pounds chicken drumsticks about 6
- 1/2 cup olive oil
- 1/4 cup fresh lemon juice
- 1/2 tablespoon dried basil
- 1/2 tablespoon parsley flakes dried
- 2 cloves garlic minced
- 1 teaspoon seasoned salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon red pepper flakes
- fresh basil optional
- parsley optional
- lemon wedges optional

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 140 milligrams
4. Fat: 48 grams
5. Fiber: 2 grams
6. Protein: 31 grams
7. SaturatedFat: 9 grams
8. Sodium: 140 milligrams
9. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Italian Chicken Drumsticks above. You can see more 15 recipe chicken legs grilled italian Unlock flavor sensations! to get more great cooking ideas.