

Chicken Paprikash

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-chicken-paprikash-recipe>

Ingredients:

- 1 teaspoon kosher salt plus more to taste
- 2 1/2 cups flour
- 1 egg lightly beaten
- 1/4 cup canola oil
- 4 pounds chicken cut into 6–8 pieces, skin removed
- ground black pepper Freshly, to taste
- 2 tablespoons sweet paprika
- 1 Italian frying pepper chopped
- 2 tomatoes peeled, cored, seeded, and chopped
- 1 yellow onion large, minced
- 1 1/2 cups chicken broth
- 3/4 cup sour cream
- 3 tablespoons unsalted butter
- 2 tablespoons flat leaf parsley finely chopped

Nutrition:

1. Calories: 1140 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 395 milligrams
4. Fat: 48 grams
5. Fiber: 5 grams
6. Protein: 105 grams
7. SaturatedFat: 17 grams
8. Sodium: 1030 milligrams
9. Sugar: 5 grams

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