

Italian Stuffed Steak Rolls

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-stuffed-steak-recipe>

Ingredients:

- 1 pound skirt steak about 1/4-1/2 inch thick
- 1 tablespoon oil
- 2 teaspoons minced garlic
- 2 teaspoons Italian seasoning mix
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1 1/2 cups frozen spinach defrosted
- 1/2 cup roasted red pepper diced
- 1 cup shredded mozzarella cheese

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 85 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 33 grams
7. SaturatedFat: 7 grams
8. Sodium: 1160 milligrams
9. Sugar: 1 grams

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