

Stuffed Leg of Lamb

Yield: 8 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-stuffed-leg-of-lamb-recipe>

Ingredients:

- 5 pounds leg of lamb boneless
- salt
- black pepper
- 10 ounces fresh spinach leaves
- 6 ounces goat cheese or more if needed
- 2 teaspoons pine nuts
- 1 cup all-purpose flour
- 1 tablespoon salt
- 1 tablespoon ground black pepper
- 1 teaspoon dried thyme
- 1 teaspoon fennel seeds
- 1 tablespoon sesame oil

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 205 milligrams
4. Fat: 24 grams
5. Fiber: 2 grams
6. Protein: 69 grams
7. SaturatedFat: 11 grams
8. Sodium: 1260 milligrams

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