## RecipesCh@\_se

## **Italian Stuffed Chicken Breasts**

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/italian-stuffed-chicken-breasts-recipe

## **Ingredients:**

- 1 pound chicken breasts 2 medium sized
- 1/4 pound provolone cheese
- 3 ounces prosciutto
- 1/4 pound genoa salami
- 1 large egg
- 1 cup bread crumbs
- 1 teaspoon Italian seasoning
- 1 tablespoon butter
- salt
- pepper

## Nutrition:

- 1. Calories: 460 calories
- 2. Carbohydrate: 17 grams
- 3. Cholesterol: 185 milligrams
- 4. Fat: 24 grams
- 5. Fiber: 1 grams
- 6. Protein: 44 grams
- 7. SaturatedFat: 12 grams
- 8. Sodium: 1440 milligrams
- 9. Sugar: 2 grams

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