

Italian Stuffed Chicken Breast

Yield: 2 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-stuffed-chicken-recipe>

Ingredients:

- 2 chicken breast large
- 1/2 cup green peppers sliced
- 1/4 cup onion sliced
- 1 1/2 cups sliced mushrooms
- 1 clove garlic minced
- 4 tablespoons olive oil divided
- 2 ounces provolone cheese
- 1 teaspoon italian seasoning
- salt
- pepper

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 165 milligrams
4. Fat: 42 grams
5. Fiber: 3 grams
6. Protein: 58 grams
7. SaturatedFat: 11 grams
8. Sodium: 910 milligrams
9. Sugar: 3 grams

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