

Roasted Baby Artichokes

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-stuffed-baby-artichokes-recipe>

Ingredients:

- 1 pound baby artichokes
- 3 tablespoons extra-virgin olive oil
- salt
- pepper
- butter sauce
- 1/4 cup drawn butter
- 1/2 teaspoon crushed red pepper flakes
- 2 tablespoons mayonnaise

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 5 milligrams
4. Fat: 13 grams
5. Fiber: 6 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 350 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Roasted Baby Artichokes above. You can see more 19 italian stuffed baby artichokes recipe Unleash your inner chef! to get more great cooking ideas.