

# Italian Spinach Bread

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-spinach-bread-recipe>

## Ingredients:

- 1 loaf Italian bread about 16 ounces
- 2 tablespoons olive oil
- 2 cloves garlic minced
- 5 ounces baby spinach fresh, chopped
- 1/2 cup grated Parmesan cheese freshly
- 1 teaspoon dried parsley
- 1 teaspoon dried oregano
- 1/4 teaspoon salt

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 10 milligrams
4. Fat: 14 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. SaturatedFat: 4 grams
8. Sodium: 860 milligrams
9. Sugar: 1 grams

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