

Sauteed Vegetable & Pesto Lasagna

Yield: 4 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-spinach-and-ricotta-lasagne-recipe>

Ingredients:

- 1/3 cup almonds
- 1 1/2 cups basil
- 2 tablespoons extra virgin olive oil
- 2 tablespoons water
- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- 3 garlic cloves
- 1/3 cup grated Parmesan
- 24 ounces cremini mushrooms cut small
- 1 teaspoon extra virgin olive oil
- 8 cups spinach
- salt
- pepper
- 3/4 pound lasagna
- 3 cups tomato sauce
- 8 ounces ricotta
- 1 tomato sliced

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 75 milligrams
4. Fat: 31 grams
5. Fiber: 11 grams
6. Protein: 28 grams
7. SaturatedFat: 9 grams
8. Sodium: 1590 milligrams

9. Sugar: 22 grams

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