

# Creamy Zuppa Toscana

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/spinach-italian-sausage-soup-cream-soup-recipe-cream>

## Ingredients:

- 14 ounces chicken broth
- 2 cups heavy cream
- 1 pound Italian sausage
- 1/2 pound bacon
- 4 russet potatoes
- 1 medium onion diced
- 2 garlic cloves minced
- 2 1/2 cups spinach chopped, or kale
- salt
- pepper

## Nutrition:

1. Calories: 1360 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 320 milligrams
4. Fat: 115 grams
5. Fiber: 4 grams
6. Protein: 33 grams
7. SaturatedFat: 54 grams
8. Sodium: 1610 milligrams
9. Sugar: 3 grams

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