

Rosemary Nuts

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-spiced-nuts-recipe>

Ingredients:

- 2 1/2 cups mixed nuts unsalted, such as pecans or cashews
- 2 tablespoons fresh rosemary chopped
- 1/2 teaspoon cayenne pepper use less or omit if you don't like heat
- 2 teaspoons dark brown sugar packed
- 1 teaspoon kosher salt or to taste
- 1 tablespoon unsalted butter melted

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 10 milligrams
4. Fat: 47 grams
5. Fiber: 8 grams
6. Protein: 15 grams
7. SaturatedFat: 8 grams
8. Sodium: 1170 milligrams
9. Sugar: 7 grams

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