

Quick Tuna Spaghetti

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-spaghetti-with-tuna-recipe>

Ingredients:

- 1/4 packet spaghetti
- 1/2 cup cherry tomatoes
- 3 cloves garlic
- 1 tablespoon capers
- 3 anchovy fillets
- 2 tablespoons fresh lemon juice
- 1 teaspoon dried Italian herbs
- 1 tablespoon parsley freshly chopped
- 1 teaspoon olive oil
- 1 can tuna

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 10 milligrams
4. Fat: 2.5 grams
5. Protein: 7 grams
6. Sodium: 80 milligrams
7. Sugar: 1 grams

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