

# Mom's Spaghetti Bolognese

Yield: 8 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-spaghetti-bolognese-recipe-with-bacon>

## Ingredients:

- 16 ounces spaghetti
- 2 tablespoons olive oil
- 3 slices bacon diced
- 1 onion large, finely chopped
- 1 stalk celery finely chopped
- 1 carrot finely chopped
- 1 teaspoon dried oregano
- 3 cloves garlic minced
- 1 pound lean ground beef
- 2 tablespoons balsamic vinegar
- 56 ounces crushed tomatoes
- 2 tablespoons tomato paste
- 2 teaspoons white sugar
- salt and ground black pepper to taste
- 2 tablespoons fresh basil chopped
- 1/4 cup grated Parmesan cheese freshly

## Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 45 milligrams
4. Fat: 13 grams
5. Fiber: 6 grams
6. Protein: 26 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 480 milligrams
9. Sugar: 5 grams

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