

Naked Tomato Sauce

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/real-italian-spaghetti-and-meat-sauce-recipe>

Ingredients:

- 3 pounds plum tomatoes
- 3/4 teaspoon coarse salt
- 1 clove garlic thinly sliced
- 1 pinch red pepper flakes
- 1 handful basil leaves most left whole, a few slivered for garnish, optional
- 1/4 cup olive oil
- 12 ounces spaghetti dried
- 1 tablespoon unsalted butter or maybe two if nobody is looking

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 78 grams
3. Cholesterol: 10 milligrams
4. Fat: 18 grams
5. Fiber: 6 grams
6. Protein: 15 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 470 milligrams
9. Sugar: 13 grams

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