

Venison Italian Soup

Yield: 8 min
Total Time: 170 min

Recipe from: <https://www.recipeschoose.com/recipes/venison-italian-brat-recipe>

Ingredients:

- 1 pound venison ground
- 1 onion chopped
- 14 1/2 ounces stewed tomatoes
- 16 ounces tomato sauce
- 3 cups water
- 1 tablespoon minced garlic
- 2 teaspoons dried basil
- 2 teaspoons dried oregano
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 15 ounces pinto beans
- 15 ounces green beans
- 1 carrot chopped
- 1 zucchini chopped
- 8 ounces fusilli spiral pasta

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 10 milligrams
4. Fat: 4 grams
5. Fiber: 6 grams
6. Protein: 20 grams
7. SaturatedFat: 1 grams
8. Sodium: 690 milligrams
9. Sugar: 11 grams

Thank you for visiting our website. Hope you enjoy Venison Italian Soup above. You can see more 15 venison italian brat recipe You must try them! to get more great cooking ideas.