

Portuguese Bread Soup

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-soup-recipe-with-stale-bread>

Ingredients:

- 6 cloves garlic
- coriander to taste
- salt to taste
- pepper to taste
- stale bread to taste
- 6 1/3 cups water
- 4 eggs
- 1/2 cup olive oil

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 210 milligrams
4. Fat: 34 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 6 grams
8. Sodium: 280 milligrams
9. Sugar: 1 grams

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