

Italian Sole Fillets

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sole-recipe>

Ingredients:

- 2 tablespoons olive oil
- 4 spinach washed
- 2 tablespoons butter
- 4 sole fillet
- 2 scallion sliced
- 2 tablespoons chopped parsley
- 1 lemon juiced
- 4 tablespoons pine nuts toasted