

# Savory Soft Polenta

Yield: 8 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-soft-polenta-recipe>

## Ingredients:

- 1/4 cup butter divided
- 1 cup celery finely diced
- 1 cup onion finely diced
- 1 tablespoon fresh garlic minced
- 1 teaspoon rosemary
- 1/2 teaspoon oregano
- 1/2 teaspoon kosher salt
- 1/2 teaspoon freshly ground black pepper
- 2 cups chicken stock
- 2 cups heavy cream
- 1/2 cup yellow corn meal coarse
- 1/2 cup semolina
- 1/3 cup grated Parmesan cheese
- 1/2 cup grated Fontina cheese
- 2 tablespoons fresh parsley, chopped

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 120 milligrams
4. Fat: 35 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 21 grams
8. Sodium: 380 milligrams
9. Sugar: 3 grams

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