

# Chicken and Soba Noodle Soup

Yield: 5 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/soba-noodle-indian-recipe>

## Ingredients:

- 1/2 pound soba noodles dried
- 4 cups chicken stock or prepared broth
- 2 cups water
- 1/4 cup yellow miso
- 1 teaspoon fresh ginger peeled and grated
- 1 chicken breast boneless, skinless whole, about 1 1/2 lb., cut into thin strips
- 2 cups baby spinach leaves packed
- 2 green onions white and light green portions, thinly sliced

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 20 milligrams
4. Fat: 4 grams
5. Fiber: 1 grams
6. Protein: 19 grams
7. Sodium: 1180 milligrams
8. Sugar: 5 grams

---

Thank you for visiting our website. Hope you enjoy Chicken and Soba Noodle Soup above. You can see more 16 soba noodle indian recipe Dive into deliciousness! to get more great cooking ideas.