

Chicken and Shrimp Alfredo Pasta

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-shrimp-alfredo-pasta-recipe>

Ingredients:

- 12 ounces penne pasta uncooked
- 1 pound shrimp peeled and deveined
- 1 pound boneless chicken breast cut into bite-sized pieces
- 3 tablespoons olive oil divided
- 2 tablespoons butter
- 1 small onion chopped
- 1 garlic clove . minced
- 1/3 cup white wine
- 2 cups heavy cream
- 1/2 cup grated Parmesan cheese
- salt
- pepper
- ground paprika to taste
- parsley for garnish, optional

Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 310 milligrams
4. Fat: 54 grams
5. Fiber: 3 grams
6. Protein: 44 grams
7. SaturatedFat: 28 grams
8. Sodium: 530 milligrams
9. Sugar: 2 grams

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