

Italian Shakshuka

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-shakshuka-recipe>

Ingredients:

- 2 tablespoons extra virgin olive oil
- 1/2 cup diced yellow onion finely
- 2 cloves garlic crushed
- 398 milliliters fire roasted tomatoes
- 2 cups tomato basil pasta sauce jarred good-quality
- 1/2 cup chopped fresh basil leaves
- salt
- pepper
- 6 free range eggs
- 4 whole fresh basil leaves for garnish, optional
- baguette toasted or grilled, cut length ways
- extra-virgin olive oil
- 1 clove garlic cut in half length ways

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 320 milligrams
4. Fat: 23 grams
5. Fiber: 7 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 1040 milligrams
9. Sugar: 14 grams

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