

Easy Italian Pasta Salad

Yield: 7 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-seasoning-pasta-mayonnaise-salad-recipe>

Ingredients:

- 1 pound pasta small bite, I used DeLallo's Ditalini Rigati No. 57
- 1 cucumbers small, seeded and chopped
- 1 yellow bell pepper
- 1 pint cherry tomatoes halved
- 1/2 red onion thinly sliced
- 7 1/8 ounces Kalamata olives drained
- 1 cup salami chopped
- 12 ounces artichoke hearts drained and chopped
- Italian dressing to taste, approximately 1/2 to 1 cup
- 1 teaspoon crushed red pepper flakes
- salt
- pepper
- 1 cup fresh basil roughly chopped
- 1 cup grated Parmesan cheese good quality

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 15 milligrams
4. Fat: 10 grams
5. Fiber: 9 grams
6. Protein: 17 grams
7. SaturatedFat: 3 grams
8. Sodium: 690 milligrams
9. Sugar: 5 grams

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