

# Italian Seasoning Blend

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-seasoning-blend-hellofresh-recipe>

## Ingredients:

- 2 1/2 teaspoons oregano
- 2 1/2 teaspoons basil
- 2 1/2 teaspoons thyme
- 2 teaspoons marjoram
- 2 teaspoons sage
- 2 teaspoons rosemary

## Nutrition:

1. Calories: 5 calories
2. Carbohydrate: 1 grams
3. Fiber: 1 grams

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