

# Stuffed Italian Sausages

Yield: 10 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausages-recipe>

## Ingredients:

- 24 ounces marinara sauce
- 38 ounces italian sausages sweet, mild, or hot - 2 packages
- 12 ounces cream cheese 1 ½ 8-ounce bricks, softened
- 1/2 cup Parmesan cheese
- 2 tablespoons Italian seasoning freeze dried - use 2 teaspoon dried Italian seasoning
- 1/4 cup breadcrumbs optional
- 38 ounces Italian sausages
- cream cheese
- Parmesan cheese
- Italian seasoning
- sausages
- 1/2 cup Parmesan cheese
- 2 tablespoons Italian seasoning
- 12 ounces cream cheese
- sausage optional
- pork rinds optional
- 1/4 cup breadcrumbs

## Nutrition:

1. Calories: 1190 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 270 milligrams
4. Fat: 103 grams
5. Fiber: 3 grams
6. Protein: 44 grams
7. SaturatedFat: 42 grams
8. Sodium: 2460 milligrams
9. Sugar: 9 grams

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