

One Pot Sausage and Rice Casserole

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/mild-italian-sausage-and-rice-recipe>

Ingredients:

- 2 tablespoons extra virgin olive oil Simple Truth
- 1 small onion diced
- 1 green bell pepper diced
- 1 garlic clove finely chopped
- 1 teaspoon paprika Simple Truth
- 8 ounces mushrooms Simple Truth, white or Baby Bella mushrooms, washed and sliced
- 1 pound Italian sausage
- meat
- 2 cups long-grain white rice Kroger dry
- 4 2/3 cups tomato juice or vegetable juice
- 1 cup cheddar cheese Roundy's, shredded
- salt
- freshly ground pepper

Nutrition:

1. Calories: 1060 calories
2. Carbohydrate: 92 grams
3. Cholesterol: 135 milligrams
4. Fat: 59 grams
5. Fiber: 3 grams
6. Protein: 39 grams
7. SaturatedFat: 22 grams
8. Sodium: 1250 milligrams
9. Sugar: 13 grams

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