

Italian Stuffed Peppers with Bread Stuffing

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-stuffing-recipe-nigblh-rated>

Ingredients:

- 6 cubanelle or frying peppers about 6-7 inches long
- 12 cups bread cubes unseasoned, or stale white bread
- 1/2 cup extra virgin olive oil use more if needed
- 4 eggs
- 2 tablespoons fresh parsley chopped
- 1 cup Italian sausage dried, cut into small 1/4 inch cubes
- 6 cloves garlic
- salt
- pepper

Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 255 milligrams
4. Fat: 52 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 12 grams
8. Sodium: 1390 milligrams
9. Sugar: 6 grams

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