

Asiago Cheese And Italian Sausage Strata

Yield: 12 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-sausage-strata>

Ingredients:

- 3 plain bagels large, cut into ½-inch cubes
- 1 pound hot Italian sausage or sweet, cooked and crumbled
- 1 cup shredded asiago cheese
- 2 cups shredded mozzarella cheese
- 4 green onion thinly sliced
- 3 cups whole milk
- 1 cup heavy cream
- 5 large eggs beaten
- 1/4 cup grated Parmesan cheese
- 1 teaspoon table salt
- 1/2 teaspoon black pepper or to taste
- 1/2 teaspoon ground mustard

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 180 milligrams
4. Fat: 32 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 16 grams
8. Sodium: 910 milligrams
9. Sugar: 5 grams

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