

Meaty Spaghetti Sauce

Yield: 12 min
Total Time: 495 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-spaghetti-recipe-crock-pot>

Ingredients:

- 1 pound ground beef
- 1 pound italian sausage bulk
- 1 green pepper chopped
- 1 onion chopped
- 8 cloves minced garlic
- 43 1/2 ounces diced tomatoes italian, drained
- 30 ounces tomato sauce
- 12 ounces tomato paste
- 1/3 cup sugar
- 2 tablespoons italian seasoning
- 1 tablespoon dried basil
- 2 teaspoons marjoram dried
- 1 teaspoon salt
- 1/2 teaspoon pepper
- spaghetti hot cooked

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 55 milligram
4. Fat: 20 grams
5. Fiber: 5 grams
6. Protein: 17 grams
7. SaturatedFat: 7 grams
8. Sodium: 1020 milligrams
9. Sugar: 19 grams

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