

BEST SPAGHETTI PIE

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-spaghetti-pie-recipe>

Ingredients:

- 6 ounces spaghetti cooked
- 2/3 cup ricotta
- 2 large eggs beaten
- 1 pound Italian sausage ground beef, pork sausage, ground turkey or chicken may be substituted
- 1/2 cup onion
- 1 teaspoon garlic minced
- 14 1/2 ounces diced tomatoes undrained
- 6 ounces tomato paste
- 1 teaspoon dried Italian seasoning
- 1/8 teaspoon sugar optional
- 1 1/2 cups mozzarella shredded
- 1/4 cup Parmesan cheese fresh, grated

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 125 milligrams
4. Fat: 27 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 11 grams
8. Sodium: 800 milligrams
9. Sugar: 6 grams

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