

# Italian Sausage Sheet Pan Dinner

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-with-italian-sausage-links-and-potatoes>

## Ingredients:

- 8 italian sausages medium or large
- 1/2 red onion large, cut into chunks
- 1 pound baby potatoes mixed, halved
- 1 red bell pepper cut into chunks
- 1 yellow bell pepper cut into chunks
- 1 slice zucchini small, cut into thick
- 4 teaspoons smoked paprika
- 2 teaspoons dried oregano
- sea salt
- pepper
- cooking spray your choice
- fresh cilantro for garnish optional

## Nutrition:

1. Calories: 900 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 170 milligrams
4. Fat: 70 grams
5. Fiber: 5 grams
6. Protein: 35 grams
7. SaturatedFat: 25 grams
8. Sodium: 1860 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Italian Sausage Sheet Pan Dinner above. You can see more 18 recipe with italian sausage links and potatoes Ignite your passion for cooking! to get more

great cooking ideas.