

Eggplant Rollatini

Yield: 4 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-eggplant-with-basil>

Ingredients:

- 3 eggplants medium, sliced lengthwise 1/3 inch thick, about 18 slices
- 2 tablespoons kosher salt
- 28 ounces plum tomatoes peeled
- 2 roasted red peppers
- 2 basil large, sprigs
- 6 garlic cloves roasted and pureed
- 2 sprigs oregano or 2 tsp dried oregano
- 1/4 cup extra-virgin olive oil
- 15 ounces ricotta
- 1/2 cup mascarpone
- 1/4 teaspoon nutmeg freshly grated
- 1/2 cup Parmesan grated

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 75 milligrams
4. Fat: 34 grams
5. Fiber: 15 grams
6. Protein: 24 grams
7. SaturatedFat: 15 grams
8. Sodium: 3950 milligrams
9. Sugar: 15 grams

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