

Creamy Italian Sausage Chili

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-recipe-red-wine-vinegar>

Ingredients:

- 1 pound italian sausage
- 2 tablespoons olive oil
- 5 garlic cloves minced
- 1 can chicken broth
- 1 tablespoon chili powder
- 1 tablespoon paprika
- 2 teaspoons oregano
- 2 teaspoons cumin
- 1 teaspoon parsley
- salt
- pepper
- 2 cans diced tomatoes lightly blended
- 1 cup tomato juice
- 2 tablespoons red wine vinegar
- 1 can pinto beans each: black beans, kidney beans
- 1/2 package cream cheese

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 115 milligrams
4. Fat: 53 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 19 grams
8. Sodium: 1220 milligrams
9. Sugar: 7 grams

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