

# “Sausage, Peppers, Onions, and Potato Bake”

Yield: 8 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-potato-bake-recipe>

## Ingredients:

- 2 teaspoons olive oil
- 2 pounds Italian sausage links cut into 2-inch pieces
- 1/4 cup olive oil
- 4 large potatoes peeled and thickly sliced
- 2 green bell peppers large, seeded and cut into wedges
- 2 red bell peppers large, seeded and cut into wedges
- 3 onions large, cut into wedges
- 1/2 cup white wine
- 1/2 cup chicken stock
- 1 teaspoon Italian seasoning
- salt
- pepper

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 85 milligrams
4. Fat: 43 grams
5. Fiber: 6 grams
6. Protein: 21 grams
7. SaturatedFat: 14 grams
8. Sodium: 960 milligrams
9. Sugar: 6 grams

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