

Creamy Sausage Mushroom Pasta

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-peppers-mushroom-pasta-recipe>

Ingredients:

- 12 ounces pasta I used Mafalda
- 3/4 pound italian sausage no casings
- 2 tablespoons unsalted butter
- 3 cloves garlic minced
- 1 pound white mushrooms sliced
- salt
- pepper
- 1/4 teaspoon red pepper flakes
- 2 cups whipping cream
- 2 tablespoons fresh parsley chopped

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 110 milligrams
4. Fat: 37 grams
5. Fiber: 3 grams
6. Protein: 19 grams
7. SaturatedFat: 18 grams
8. Sodium: 570 milligrams
9. Sugar: 3 grams

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