

Baked Italian Sausage

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-italian-sausages-recipe>

Ingredients:

- 4 Italian sausages spicy, 330 grams
- 2 potatoes 430grams, preboiled wedges
- 1 1/2 bell pepper sliced
- 1 onion 180grams
- 1 teaspoon smoked paprika
- 2 tablespoons olive oil
- salt to taste
- ground black pepper to garnish before serving, optional

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 85 milligrams
4. Fat: 42 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 13 grams
8. Sodium: 1030 milligrams
9. Sugar: 3 grams

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