

Meatball Sub Sandwich

Yield: 2 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-meatball-sub-recipe>

Ingredients:

- 8 meatballs cooked, baked or heated in sauce
- 1 cup marinara sauce plus more for serving if desired
- 2 sub rolls split lengthwise
- 2 teaspoons olive oil more or less as needed
- 1 clove garlic split lengthwise
- 1 tablespoon grated Parmesan cheese if desired, optional
- 2 slices provolone cheese
- chopped parsley for garnish, optional

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 25 milligrams
4. Fat: 19 grams
5. Fiber: 5 grams
6. Protein: 16 grams
7. SaturatedFat: 8 grams
8. Sodium: 1050 milligrams
9. Sugar: 15 grams

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