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Wild Rice and Cornbread Stuffing

Yield: 6 min Total Time: 120 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-wild-rice-hotdish-using-italian-sausage

Ingredients:

- 1 cup cornmeal
- 1/4 cup sugar
- 1 tablespoon baking powder
- 3/4 teaspoon salt
- 2 eggs beaten
- 1 cup milk at room temperature
- 1 cup onion diced
- 4 stalks celery diced
- 3 cloves garlic minced
- 1 1/2 cups wild rice cooked
- 2 tablespoons olive oil
- 1 1/2 cups chicken stock
- 10 sage leaves finely chopped
- pepper
- salt
- 1 cup gluten free all purpose flour
- 1 pound sweet Italian sausage removed from casing

Nutrition:

Calories: 530 calories
Carbohydrate: 71 grams
Cholesterol: 100 milligrams

4. Fat: 16 grams5. Fiber: 9 grams6. Protein: 28 grams7. SaturatedFat: 4.5 grams

8. Sodium: 1280 milligrams

9. Sugar: 15 grams

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