

# Sausage Cheese Dip

Yield: 8 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-sausage-cheese-dip>

## Ingredients:

- 12 ounces Italian sausage
- 1/2 cup onion diced
- 8 ounces processed cheese block such as Velveeta
- 4 ounces cream cheese
- 1/2 cup milk
- 1 teaspoon mustard powder
- 1 teaspoon Worcestershire sauce
- 1 cup sharp cheddar

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 75 milligrams
4. Fat: 25 grams
5. Protein: 18 grams
6. SaturatedFat: 12 grams
7. Sodium: 870 milligrams
8. Sugar: 2 grams

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