

# Baby Pizza Bites

Yield: 10 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-bites-appetizer-recipe>

## Ingredients:

- 12 button mushrooms wiped of any dirt and stems removed
- 1 pound italian sausage
- 1 egg white
- cup pizza sauce or no sugar added marinara sauce

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 35 milligrams
4. Fat: 13 grams
5. Protein: 7 grams
6. SaturatedFat: 5 grams
7. Sodium: 330 milligrams

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